

'In The Gym' - Sport At MacKillop

CONGRATULATIONS

MKC Swimming Carnival

AGE CHAMPIONS FOR THE MKC SWIMMING CARNIVAL 2014:

AGE	NAME	PLACE
12	Emily Press	1st
12	Claudia Coker	2nd
12	Sara Matthews	3rd
13	Eva Peck	1st
13	Emma White	2nd
13	Sophie Dixon	3rd
14	Karrie Humphries	1st
14	Kate King-Smith	2nd
14	Ella Johns	3rd
15	Emily Richards	1st
15	Phoebe Morrison	2nd
15	Madeleine Gainsford	3rd
16	Olivia Luck	1st
16	Adelaide Kenworthy	2nd
16	Matilda Power	3rd
17	Grace Nelson	1st
17	Jessica Matthews	2nd
17	Andrea Gillard	3rd
Senior	Lisa Humphries	1st
Senior	Jessica Brennan	2nd
Senior	Emily Orman	3rd

RECORDS

Congratulations to the following girls:

Jessica Crawford who equaled the 12-15yrs Freestyle AWD record of 1:15.98, shaving 6 seconds off her personal best!

Kate King-Smith who also equaled Tori Marwood's 15yrs 50m butterfly record of 34.25.

HOUSE RESULTS

Congratulations to Gilroy House and their Captains Grace Lew and Emily Orman for winning the House Cheer and Carnival overall. MacAuley and their Captains Jessica Ridding and Bethany Moore followed in 2nd place, while Chisholm and their Captains Bronte Covington and Imogen Flood trailed extremely closely in 3rd, while Grace Power and Sarah Doherty and MacKillop house placed 4th. Well done to all the house captains on their planning, organisation and hard work, you all did an excellent job.

DIO SWIMMING - DUBBO

Mrs Whelan and Mrs Cantrill travelled to Dubbo with the MKC Swim Tuesday 4 March to compete in the Diocesan Carnival. The results are in Mrs Whelan's Assistant Principals report.

CRICKET

Matilda Power in year 10 travelled to the SCG Cricket Nets at Moore Park, Sydney, on 3 March to trial for the NSWCCC Cricket Team. There were 50 girls who trialed and she was one of the 12 picked. Matilda will compete in the NSW School Girls Cricket Championships to be held in Maitland Monday 17 to Wednesday 19 March 2014. Well done and Good Luck Matilda!

ATHLETICS NSW REGIONALS

Congratulations to the following girls on their performances at the recent NSW Athletics Regionals Championships:

Laycee Covington-Gorst for placing 1st in 100m and 90m hurdles, 2nd in discus, 3rd in 200m sprint and equal second in high jump.

Maddison Tuineau who received 1st Place in discus and shotput.

Caitlin Reeves who achieved excellent results in all her events.

Matilda Flood on her 1st Place in 100m sprint, 2nd in the 80m hurdles and 8th in high jump.

Amy Belfanti for placing 2nd in the 1500m run, and 3rd in the 800m run and junior girls relay.

TOUCH FOOTBALL

Last week Mrs Reid and Mr Hughes held MKC Touch Football trials, and were very pleased with the number of students, and talent of players, who trialed. Congratulations to the selected students who will travel to Forbes on the 18 March to compete against our Diocese teams. Good luck ladies.

BASKETBALL

Junior Basketball trials were held Monday and Wednesday this week finalising the basketball squad for 2014. Miss Booth and Mrs Mutton would like to congratulate all girls who put their names down to trial, as all ages were very strong. The Diocesan Basketball Carnival will be in Bathurst on Friday 28 March, followed by the CCC Championships also in Bathurst, Thursday 1 and Friday 2 May.

SOCCER

Mr Knight will be taking several talented soccer players over to Proctor Park on the 20 March for the Bathurst Diocesan Soccer Team trials. The selected team will be travelling to Coffs Harbour from the 25-27 May to complete in the NSW CCC selection Tournament.

CROSS COUNTRY

MKC Cross Country will be held on Thursday 27 March in Periods 4-6. The course is 5km, starting on MKC grounds, running through Proctor Park and back to MKC. Students will be able to nominate for their age group during a house meeting in the upcoming weeks.

Miss Alysha Booth and Mrs Tracey Gunning
Sport Coordinators



MacKillop Swimming Carnival

