

# In The Gym

This will be our final "In the Gym" for Term 1. There has been an abundance of sport over the last few weeks! A huge congratulations to all the students who have worked hard to achieve their goals in their chosen sport this term. Next term is already filling up quickly with sports dates. A reminder to all students that the School House Athletics Carnival is to be held Friday 2 May, Week 2 and nominations for all events will be taken on the day. All track event are heats, there will be no finals, and the fastest runners will be selected from all heats.

From the Diocesan Sporting Body to all Parents of All School Representative Students - Thank you to all of the Parents who have logged on to the NSW CCC Sport site and registered their daughter before their competition and the selection process.

A reminder that all finances MUST be paid before your daughter will be considered for selection. They MUST have been nominated online as well. All students who have indicated to Miss Booth or Mrs Gunning their intention to tryout for representative duties (at a Diocesan and NSWCCC) MUST use this process.

There is also a reminder to all parents to log on and check their child's profile to see the package (previously this was an envelope). You will need to keep scrolling down until you come to the sport your daughter has nominated for.

## NSW CCC Cricket Team

Matilda Power recently represented MacKillop College in the NSW Combined Catholic Colleges All Schools Cricket Carnival held at Maitland. This is Matilda's second year in the competition, having been a representative of the Combined High Schools last year. The carnival was held over three days and the CCC side finished the competition beating CIS for third place. Matilda was chosen as an all rounder to bowl the second spell and in fifth to seventh drop for her batting. She finished the carnival with the figures of:

Vs CHS/2 - Bowling 0 for 6 / batting 8 not out

Vs CHS/1 - Did not bowl and / 0 batting

Vs CIS - Bowling 0 for 5 and / 2 runs not out batting

Vs CIS - Bowling 0 for 7 and / 4 runs.

Congratulations Matilda.



## NSW CCC Hockey Team

Congratulations to the following students who were successful in making the NSW CCC Hockey Team: Kloe Mannering (Under 16 Team, Goalkeeper), Andrea Gillard (Open Team) and Shannon Fisher (Open Team). We look forward to hearing how the girls go in their respective championships.

## ISKA NSW Championships 2014

MacKillop College student, Brittany Reece (Year 10) had an extremely successful karate tournament on Sunday scoring a first place in Traditional Weapons, performing her club's Bo (pole) Kata and second place in Traditional Forms, performing a Shotokan's Kata Gankaku. Brittany trains and teaches classes at the Sport's Karate Australia Bathurst Club and has her 2nd Dan Black Belt in Shotokan Karate.



## Bathurst, Wilcanna/Forbes and Armidale Diocesan

### Football (Soccer) Team

This year MacKillop College will have three representatives in the Diocesan Soccer Team. These students are to be congratulated on their hard work and persistence throughout the selection day: Brydie Comiskey (9), Gabrielle Faraway (7), and Sarah Barlow (12).

Mrs Tracey Gunning

### Diocesan Basketball Carnival

MacKillop College hosted this years Annual Diocesan Basketball Carnival on Friday 28 March at the Bathurst Sports Stadium. It was an early start for all competitors with the first game kicking off at 8am. Schools from Red Bend Forbes, St Johns Dubbo, James Sheahan Orange, St Matthews Mudgee, La Salle Lithgow and St Josephs Oberon, along with MacKillop College nominated teams to play in the carnival. The talent of basketball students currently at MacKillop saw five teams picked to participate in the carnival. It was a very successful day with MacKillop dominating the girls divisions taking home all trophies in the junior, intermediate and senior divisions. James Sheahan and Red Bend proved the strongest competitors in the boys divisions.

I would like to thank St Johns Ambulance for their services at the event, Paul and Susan Masters, along with all the basketball staff (including umpires) for their excellent facilities and support. I would also like to acknowledge and recognize the Year 10 PASS classes for their exceptional skills in covering bench duties, score and results sheets. The day ran smoothly due to your commitment and punctual attitudes. Mr Knight, Mrs Withers and Mrs Gunning were also a great support on the day, wearing many hats and contributing to the efficient running of the day's events. Although Mrs Mutton could not attend the day, she helped a lot behind the scenes selecting and organising our teams. It was lovely to see so many friendly parents supporting and cheering their daughters and MacKillop College throughout the day. Lastly, thank you to Carina Floyd for taking amazing action photos of the games throughout the day and to all the MacKillop students who played in the carnival. You wore the College uniform with pride and exceeded expectations in following the schools motto whilst demonstrating exceptional sportsmanship on and off the court. It is always an easy, effortless and rewarding experience when organising and attending basketball carnivals, so thank you all very much. I look forward to it all again at the upcoming CCC Championships held in Bathurst on the 1-2 May, Week 1, Term 2.

We have now received news that Emily Matthew has been named in the U16 NSW Country State Squad for Basketball. Congratulations Emily.

Miss Alysha Booth

# In The Gym

## Diocesan Touch Football 2014

**JUNIOR TEAM** - This year's Junior Team was selected after several trials due to the large number of girls trying out for the squad. It is fantastic to see the consistent improvement in the skill level of our students due to regular touch competition.

The girls played extremely well on the day and were a credit to the College in both sportsmanship and performance.

### Results:

Win 3 -1 v St Mary's Wellington (Hannah Kable 1, Emily Matthews 2)

Win 10 -1 v La Salle Lithgow (Ebony O'Neill 2, Kate Allen 2, Olivia Flood 1, Emily Matthews 1, Lily McIntosh 1, Mikala Bringolf 1, Hannah Kable 1, Elizabeth Young 1)

Loss 4 -2 v Red Bend Forbes (Kate Allen 1, Darby Elms 1)

Loss 4 -2 v James Sheahan Orange (Emily Matthews 1, Hannah Kable 1)

Win 3 - 1 v St John's College Dubbo (Kate Allen 1, Hannah Kable 1, Chloe Dennis 1)

**Under 16 Team:** Emily Matthews, Lily McIntosh, Susan Pym, Kate Allen, Elizabeth Young, Olivia Flood, Chloe Dennis, Ebony O'Neill, Georgia Shiels, Darby Elms, Mikala Bringolf, Hannah Kable.

Thanks to Mrs Bringolf, Mrs Kable, Mrs Young and Mrs McRobert for assisting with transport on the day.

Suzanne Reid

### OPEN GIRLS

On Tuesday 18 March travelled to Forbes to participate in the Diocesan Touch Carnival. Pre-season training gave an indication that the squad could have a successful campaign against other schools in the Diocese.

Forbes turned on a fantastic day with the mercury tipped to hit 30 degrees. The Botanical Gardens (not sure why this name applies to the sports fields) was prepared with the short grass that the MacKillop girls prefer. Perfect conditions for fast, open touch football.

The first game was against James Sheehan from Orange who came out of the blocks quickly and used the referees to gain the upper hand, mainly through the middle of the field. They put on three quick tries and the MacKillop girls were unable to get back into the game.

Game 2 against St. Johns was a classic game of touch football. A see-sawing contest ended in controversy with St. Johns being awarded a try on the bell to take a narrow three to two victory. This game was free-flowing and entertaining with quick ball movement from both sides.

The final game played as a team was against Red Bend Catholic College. The home side had obviously spent many hours preparing for this touch carnival and it was evident most of their players had knowledge of every blade of grass on Field 6. It would be fair to say that the MacKillop team was out played in this game. Despite the warm conditions and some interesting refereeing the girls kept their heads up and did not give in at any stage of the match.

The Possibles / Probables fixture is always a highlight of the Touch Carnival. The MacKillop squad provided 3 players to the selection mix to possibly head to the CCC carnival as part of the Bathurst Diocese team. Congratulations to Taylor Green, Taleisha Schumaker and Emily Orman for being picked to play in this game. All three girls put in a fantastic effort with Taylor and Taleisha being selected to play for CCC again in 2014.

### Open Team:

Taylor Green, Telisa Schumacher, Emily Orman, Grace Power, Aleisha Ward, Andrea Gillard, Eden McDonnell, Kylie Lynch, Georgia Gainsford, Laycee Covington-Gorst, Mia McRobert, Amelia Logan.

A special thank you must go out to the parents who assisted with travel and to the girls who were part of the team. It was a great day and although the results did not go our way the girls represented their school in the highest possible way. Thanks also to Mrs Reid who organized the MacKillop campaign in 2014 and also drove the mini bus to Forbes.

Mr Paul Hughes



Junior Touch Football Team



## Cross Country 2014

The weather forecast for last week did not provide the best conditions for this year's cross country. After days of rain, and drizzle on the morning of Thursday 27 March, the ground was wet, muddy and soggy in patches over the 5km course. However, this did not deter students from running the course. Congratulations to all competitors on a challenging and rewarding experience. There were impressive results over the day with McAuley taking out the House Shield. Congratulations to house captains, Jessica Ridding and Bethany Moore. Gilroy followed closely, then Chisholm and MacKillop. Age champion results include:

Age	1st Place	2nd Place	3rd Place
12	Sara Matthews	Lauren Charlton	Grace Crowley
13	Amy Belfanti	Hannah Wardle	Sophie Noonan
14	Lily Healey	Brianna Adams	Ebony O'Neill
15	Monique Whiteman	Ella Menzies	Rosalie Wood
16	Katie Rudgley	Georgina Adams	Kylie Lynch
17	Chayse Holland	Andrea Gillard	Imogen Flood
18	Emily Orman	Bronte Covington	Georgina McGregor

Thank you to Mr Knight for helping set up the course and start the age groups, the Year 11 PDHPE class for their assistance at the start and finish line, all house captains for their thorough organisation of runner and Mr Hart, Mrs Walkom, Miss Walton and Miss Galvin for their assistance at checkpoints', and finally our school nurse, Mrs McCrossin for her gentle and compassionate nature for the minimal injured students. Diocesan Secondary Cross Country will be held at Lake Canobolas Reserve, Orange on Thursday 8 May (Week 2 Term 2). Good luck to all six competitors in each age group.

Miss Alysha Booth