



MESSAGE OF THE HOLY FATHER ON THE OCCASION
OF THE TWENTY-THIRD WORLD DAY OF THE SICK
(11 FEBRUARY 2015)

Sapientia Cordis

“I was eyes to the blind, and feet to the lame”

(Job 29:15)

Dear Brothers and Sisters,

On this, the twenty-third World Day of the Sick, begun by Saint John Paul II, I turn to all of you who are burdened by illness and are united in various ways to the flesh of the suffering Christ, as well as to you, professionals and volunteers in the field of health care.

This year’s theme invites us to reflect on a phrase from the Book of Job: “I was eyes to the blind, and feet to the lame” (Job 29:15). I would like to consider this phrase from the perspective of “*sapientia cordis*” – the wisdom of the heart.

1. This “wisdom” is no theoretical, abstract knowledge, the product of reasoning. Rather, it is, as Saint James describes it in his Letter, “pure, then peaceable, gentle, open to reason, full of mercy and good fruits, without uncertainty or insincerity” (3:17). It is a *way of seeing things infused by the Holy Spirit* in the minds and the hearts of those who are sensitive to the sufferings of their brothers and sisters and who can see in them the image of God. So let

us take up the prayer of the Psalmist: “Teach us to number our days that we may gain a *heart of wisdom*” (Ps 90:12). This “*sapientia cordis*”, which is a gift of God, is a compendium of the fruits of the World Day of the Sick.

2. *Wisdom of the heart means serving our brothers and sisters.* Job’s words: “I was eyes to the blind, and feet to the lame”, point to the service which this just man, who enjoyed a certain authority and a position of importance amongst the elders of his city, offered to those in need. His moral grandeur found expression in the help he gave to the poor who sought his help and in his care for orphans and widows (Job 29:12-13).

Today too, how many Christians show, not by their words but by lives rooted in a genuine faith, that they are “eyes to the blind” and “feet to the lame”! They are close to the sick in need of constant care and help in washing, dressing and eating. This service, especially when it is protracted, can become tiring and burdensome. It is relatively easy to help someone for a few days but it is difficult to look after a person for months or even years, in some cases when he or she is no longer capable of expressing gratitude. And yet, what a great path of sanctification this is! In those difficult moments we can rely in a special way on the closeness of the Lord, and we become a special means of support for the Church’s mission.

3. *Wisdom of the heart means being with our brothers and sisters.* Time spent with the sick is holy time. It is a way of praising God who conforms us to the image of his Son, who “came not to be served but to serve, and to give his life as a ransom for many” (Mt 20:28). Jesus himself said: “I am among you as one who serves” (Lk 22:27).

With lively faith let us ask the Holy Spirit to grant us the grace to appreciate the value of our often unspoken willingness to spend time with these sisters and brothers who, thanks to our closeness and affection, feel more loved and comforted. How great a lie, on the other hand, lurks behind certain

phrases which so insist on the importance of “quality of life” that they make people think that lives affected by grave illness are not worth living!

4. *Wisdom of the heart means going forth from ourselves towards our brothers and sisters.* Occasionally our world forgets the special value of time spent at the bedside of the sick, since we are in such a rush; caught up as we are in a frenzy of doing, of producing, we forget about giving ourselves freely, taking care of others, being responsible for others. Behind this attitude there is often a lukewarm faith which has forgotten the Lord’s words: “You did it unto me’ (Mt 25:40).

For this reason, I would like once again to stress “the absolute priority of ‘going forth from ourselves toward our brothers and sisters’ as one of the two great commandments which ground every moral norm and as the clearest sign for discerning spiritual growth in response to God’s completely free gift” (*Evangelii Gaudium*, 179). The missionary nature of the Church is the wellspring of an “effective charity and a compassion which understands, assists and promotes” (ibid).

5. *Wisdom of the heart means showing solidarity with our brothers and sisters while not judging them.* Charity takes time. Time to care for the sick and time to visit them. Time to be at their side like Job’s friends: “And they sat with him on the ground seven days and seven nights, and no one spoke a word to him, for they saw that his suffering was very great” (*Job* 2:13). Yet Job’s friends harboured a judgement against him: they thought that Job’s misfortune was a punishment from God for his sins. True charity is a sharing which does not judge, which does not demand the conversion of others; it is free of that false humility which, deep down, seeks praise and is self-satisfied about whatever good it does.

Job’s experience of suffering finds its genuine response only in the cross of Jesus, the supreme act of God’s solidarity with us, completely free and abounding in mercy. This response of love to the drama of human pain,

especially innocent suffering, remains for ever impressed on the body of the risen Christ; his glorious wounds are a scandal for faith but also the proof of faith (cf. *Homily for the Canonization of John XXIII and John Paul II, 27 April 2014*).

Even when illness, loneliness and inability make it hard for us to reach out to others, the experience of suffering can become a privileged means of transmitting grace and a source for gaining and growing in *sapientia cordis*. We come to understand how Job, at the end of his experience, could say to God: "I had heard of you by the hearing of the ear, but now my eye sees you" (42:5). People immersed in the mystery of suffering and pain, when they accept these in faith, can themselves become living witnesses of a faith capable of embracing suffering, even without being able to understand its full meaning.

6. I entrust this World Day of the Sick to the maternal protection of Mary, who conceived and gave birth to Wisdom incarnate: Jesus Christ, our Lord.

O Mary, Seat of Wisdom, intercede as our Mother for all the sick and for those who care for them! Grant that, through our service of our suffering neighbours, and through the experience of suffering itself, we may receive and cultivate true wisdom of heart!

With this prayer for all of you, I impart my Apostolic Blessing.

From the Vatican, 3 December 2014,

Memorial of Saint Francis Xavier

FRANCIS