

REGIONAL WORLDSKILLS COOKING COMPETITION

On Friday 16th October two Year 10 Hospitality students competed in the Regional Worldskills cooking competition at St Johns College in Dubbo. Emily Bohane and Sophie Whitton represented MacKillop College alongside competitors from other Central Western Catholic and DET schools. Their task was to prepare 3 courses, consisting of 4 portions per course within 4 hours. A bruschetta was prepared for entrée, main course involved designing their own meal using a chicken supreme, green beans, and 4 vegetables to be served with a honey mustard cream sauce. A decadent chocolate brownie was baked for dessert which was presented with a warm chocolate sauce and Chantilly cream.

Sophie and Emily demonstrated fantastic culinary and time management skills. They had the added challenge of working in an unfamiliar commercial kitchen environment.

Congratulations go to both students - Sophie Whitton gaining the silver medal and Emily Bohane gaining the bronze medal. I would like to commend the students on their positive attitude and the effort put into preparing for this competition. I would like to thank a few others for their support. Georgia Cornish in Year 10 who assisted them in the practice cooking sessions at school, the Bohane and Whitton families who travelled to Dubbo to support their daughters in this competition, and Mrs McPhillamy for her feedback and advice during school practice sessions.

Mrs Jane Sullivan

