

YEAR 7 CAMP - SYDNEY ACADEMY OF SPORT

At 7am on the 9th March, 112 sleepy (but excited) Year 7 students and their enthusiastic teachers boarded the buses, leaving families and their school lives behind. We headed off to Narrabeen on the northern beaches of Sydney for 3 days together at the Sydney Academy of Sport.

The bus trip down was smooth, stopping briefly at Glenbrook and then on to Narrabeen. Arriving at 11am we checked into our cabins, had a quick lunch and were then off to experience our first camp activities.

Over the 3 days we were all able to try new things and really challenge ourselves (physically and mentally). Challenge activities involved the 5 metre and 10 metre abseils, kayaking and a refreshing river swim, the 5m high ropes course, attempting (and I emphasise the word attempting) to build a raft and set sail with students afloat, and of course, the thought provoking initiatives course.

Camp was a fantastic place to create new friendships and get to know each other better. The games nights were great fun with both teachers and students getting involved. We loved the "dead ant chasing game" and of course the variety of energetic games in the gym on Thursday night. It was also just fun to all be having brekkie, lunch and dinner together.

Thanks to our Year 7 students who participated and really did try everything and anything that was thrown at them. Thank you also to the staff who came along and made it a safe and enjoyable camp for all – Mr Knight, Mrs Withers, Mrs Aldwinckle, Mrs Bright, and Mr Dawes. The staff at Camp were also fantastic and made our stay really meaningful and fun.

