



# SPORTS REPORT



## KARATE

Congratulations to Micayla Asimus (Year 8) and Felicity Vella (Year 10) who have recently performed at the International Sport Karate Association Western Nationals in Bathurst on the 26th February.

With a little over 200 competitors, both students achieved outstanding results. Congratulations on the following results.

*Micayla's Results:*

- 1st Self Defence*
- 2nd Synchronized Kata and Sumo*
- 3rd Weapons*



*Felicity's Results:*

- 1st Traditional Forms*
- 1st Jiu Jitsu*
- 1st Sumo*
- 2nd Clash Sparring*
- 2nd Point Sparring*
- 2nd Continuous Sparring*
- 3rd Traditional Weapons*
- 3rd Sword Combat*



## CYCLING

The National Junior Track Championships were held in Sydney from February 22nd - 25th. Eliza Bennett (Year 9) and Kalinda Robinson (Year 8) were both members of the NSW Team competing against the best junior track cyclists in Australia.

Both girls did PBs in all of their 4 events.

Kalinda's results in the Under 15s Division:

- Silver - Individual Time Trial
- Silver - Sprint
- Bronze - Keirin

Eliza's results in the Under 17s Division:

- Silver - Sprint
- Silver - Team Sprint

Well done ladies, an outstanding achievement.

