



Catholic Parish of St Raphael

Founded 1889

We are in the country of the Wiradjuri people. We pay respect to their elders, celebrate their continuing culture and acknowledge the memory of their ancestors.



PARISH POST #23 – 4th July 2021 14th Sunday of Ordinary Time - Year B



St. Edward's
Canowindra



St. Raphael's
Cowra



St. John the Baptist,
Eugowra



St. Malachy's
Gooloogong



St. Brigid's
Woodstock



St Vincent's
Wyangala

Catholics In Australia Did You Know?

Catholic schools: At least two Catholic schools were established in the early years of the nineteenth century but neither survived very long, and it was not until after the arrival of Therry and Connolly in 1820 that significant development took place. By 1833, there were about ten Catholic schools in the country. From this time until the end of the 1860s, Catholic schools received some government assistance under a variety of schemes, but campaigns for 'free, secular and compulsory' education had begun in the 1850s and it became increasingly clear that Catholic schools would not be able to rely on government aid for much longer. Between 1872 and 1893, every State passed an Education Act removing state aid to Church schools. This was a turning point for Catholic schools. Bishops and people decided to persevere with the Catholic system. With no money to pay teachers, the bishops appealed to religious orders in Ireland and other European countries, and soon religious sisters and brothers were responding to the crisis.



The growth of religious orders: There were already a few religious orders in Australia: as well as the Sisters of Charity, there were also, among others, the Good Samaritan Sisters, founded by Polding in 1857, and the Sisters of St Joseph, founded in 1866 by Fr Julian Tenison Woods and Mary MacKillop, now recognised as Australia's first saint. By 1871, these 'Josephites' were running thirty-five schools in the Adelaide diocese. By 1880, there were a total of 815 sisters from all orders teaching in schools; by 1910 the number exceeded 5000. Their efforts, with almost no money and in the face of considerable hardship, were nothing short of heroic. The largest of the male teaching orders, the Christian Brothers, had 115 brothers teaching in thirty schools by 1900. Under the influence of the religious orders, Catholic schools not only survived but flourished; the sisters and brothers were to be the mainstay of the schools for a hundred years.

Catholics in the post-war era: The 1950s were a boom time for Australian Catholics. Numbers grew rapidly, increasing the proportion of Catholics in the Australian population. Many parishes were established in the new suburbs of the major cities and the number of priests, sisters and brothers continued to expand. The impact of all the effort expended on education was felt as Catholics made noticeable advances in socio-economic status, drawing near to the Australian population as a whole in educational attainment and prosperity. There was a high level of attendance at Mass and other devotional ceremonies, and many Catholics belonged to parish sodalities such as the Sacred Heart Sodality (for women) and the Holy Name Society (for men; it was reputed to have 100 000 members at one stage). At home, large numbers of families recited the Rosary every night or at least once a week, and in the community, Catholics stood out because of practices like never eating meat on Fridays. The Catholic community had grown to be what the Irish bishops of the nineteenth century had worked for and dreamed of: a thriving Church based on the Irish model. Yet in just a few years all this would change, partly in consequence of the enormous social change that Australia underwent in the 1960s and 1970s. One element of this change was the huge post-war influx of non-English-speaking immigrants, including more than a million Catholics from Italy, Malta, the Netherlands, Germany, Croatia, Hungary and numerous other places. When it came to religion, these people had different aspirations, expectations, needs and patterns of participation from those of Catholics of the Irish mould. They needed to be able to attend Mass in their own languages and they needed schools for their children, and the Church responded in practical ways, obtaining priests from the main countries of origin of the immigrants and building new schools and churches at a phenomenal rate.

*This material is taken from R. Dixon (2005) *The Catholic Community in Australia*, Openbook Publishers: Adelaide. The material can also be found on the CD-ROM *Australia's Religious Communities*, published by the Christian Research Association in 2004. Both publications are available from www.cra.org.au

IMPORTANT DETAILS FOR YOUR RECORDS:

Parish Priest: Fr Laurie Beath
PO Box 39 Cowra NSW 2794

Email: office.cowra@cdob.org.au

St Raphael's Parish Facebook:

Pastoral Associate in Canowindra:

Cowra Presbytery: 15 Lachlan Street Cowra NSW 2794
Phone. 02 6342 1369

Web: <http://www.bathurst.catholic.org.au>

<https://www.facebook.com/straphaelscowra2014/>

Sr Kathy Jennings - Mob. No. 0429 462 551

Cowra Saturday 6pm 3/7/2021	Cowra Sunday 8am 4/7/2021	Canowindra Sunday 10am 4/7/2021	Eugowra Sunday 4/7/2021
Readers/Welcomers 3/7 Bill Murphy, Christine Murphy 10/7 Tony Purcell, Mary Ford	Readers/Welcomers 4/7 Margie Ryan, Volunteer Please 11/7 Olivia Twyford, Ann Apthorpe	Readers/Welcomers 4/7 Kristy Crosbie, Marg Wallington 11/7 Ian Breen, Mary Goodacre Offertory 4/7 Cheryl Kinsela, Joyce McNaught 11/7 Jill Messenger, Deb Rutter	Commentator/Intercessions 4/7 Tony Toohey <i>Leader: Sue Kelly</i> 11/7 Rosemary Townsend
Eucharistic Ministers 3/7 Ian Young 10/7 Antonia Grandelis	Eucharistic Ministers 4/7 Peta Bischof 11/7 Peter Launder	Eucharistic Ministers 4/7 Cheryl Kinsela 11/7 Paul Williams	Reader 4/7 Therese Welsh 11/7 Sue Kelly
Sacristan 3/7 Chris Webb 10/7 Bernadette Newham	Sacristan 4/7 Sue Thomas 11/7 Mary Apps Morning Tea for July Morning Tea for July 4 th is cancelled	Sacristan 4/7 Jeanette Wheeldon 11/7 Debra Rice Computer 4/7 Jeanette Wheeldon 11/7 Sarah Grant	Offertory Procession 4/7 Volunteer Please 11/7 Volunteer Please
Computer 3/7 Volunteer Please 10/7 Price Family	Computer 4/7 Dawn Beath 11/4 Sue Thomas	Altar Servers 4/7 Neil & Harry Duguid, Anna Jobson 11/7 Sophie, Tom & Claire Phelan	Eucharistic Minister 4/7 Volunteer Please 11/7 Volunteer Please
Altar Servers 3/7 Bella Starr, Georgie Pearce 10/7 Jack Graham, Ryan Clarke	Altar Servers 4/7 Ned Osbourne, Max Osbourne 11/7 Maddy White, Sienna Launder	Cleaning 11/7 Team 2 – Debra Rice, Jeanette Wheeldon, Min Coady, Mary Goodacre, Volunteer Please	Altar Server 4/7 Volunteer Please 11/7 Volunteer Please
Covid-19 is a highly contagious disease <ul style="list-style-type: none"> • <i>Please maintain social distance at all times.</i> • <i>Disinfect hands upon entering the church.</i> • <i>Only sit in the allocated areas</i> • <i>Please do not come to Mass if you are at all unwell.</i> <p>Complete the registration sign-in sheet or register using the QR code.</p> 		Altar Linen July Jennifer Middleton & Kerrie Bowd Flowers July Sarah Grant	Grounds for July Dom Townsend & Mark Brown Morning Tea July 11/7 Anu Berly, Jeanette Wheldon, Jill Messenger
			Church Cleaning 4/7 Anne South 11/4 Anne South Sacristy Cleaning July Debbie Barnes

MASS TIMES for coming week:

COWRA

5/7 Monday:	No Service
6/7 Tuesday:	9:00 am Mass
7/7 Wednesday:	9:00 am Mass
8/7 Thursday:	No Service
9/7 Friday:	No Service
10/7 Saturday:	6:00 pm Mass
11/7 Sunday:	8:00 am Mass

CANOWINDRA

8/7 Thursday:	9:00 am Mass
11/7 Sunday:	10:00 am Mass

WOODSTOCK

10/7 Saturday:	9:00 am Mass
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EUGOWRA

11/7 Sunday:	5:00 pm Mass
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WYANGALA

11/7 Sunday:	9:30 am Communion Service
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Regular Mass Schedule:

Woodstock –	2 nd Saturday of the month at 9am
Wyangala –	3 rd Saturday of the month at 9am
Gooloogong –	1 st & 3 rd Sunday of the month at 5pm
Eugowra –	2 nd & 4 th Sunday of the month at 5pm

MASSES & PRAYERS

Recently Deceased: Kevin Coghlan (Cowra)

Anniversaries: Nicole Konstanta, Josie Day

Masses: Harvey Wright, Victor Fisher, Doug Malouf, Pam Mallon, Remond Family, Victoria (Dorrie) Astill, Margaret Granger, Thomas Reginald “Reg” Watt, Jean “Jenny” McDonald, Grant Family, Meiklejohn Family and Special Intentions.

Sick: Jan Whitty, Sr Sheelah Mogan, Fr Chris Riley, Istvan Pasztor, Maureen Duffey, Peter Lech, Pat Norris, Gabrielle Yates, Peter Dawson, Adrian McGuinness, and all who are sick and in need of prayers.



MASS FOR YOU
at home

Mass For You At Home airs on your normal Channel 10 station at 6am each Sunday or to watch on your computer at any time click on this link: www.massforyou.com.au

Mass is also streamed daily from the Church of St Francis Xavier in Lavender Bay NSW, to watch click on the following link:

https://www.youtube.com/channel/UCYRq7AJVimr-hcHFJD_HVaQ

Readings for Next Week

First Reading: [Am 7:12-15](#)

Amaziah questions Amos.

Second Reading: [Eph 1:3-14](#)

God chose us in Christ.

Gospel: [Mk 6:7-13](#)

Jesus sends the Twelve out in pairs.



Welcome Parishioners & Visitors for the Celebration of our Mass

COVID-19 RESTRICTIONS AS OF 26 JUNE 2021

The State Government has announced that from 26 June, the following restrictions are in place affecting parishes, churches and church buildings:

- The number of people allowed to attend a place of worship for Mass, private prayer or any gathering, is based on the 1 person per 4 square metre rule;
- Funerals are limited to 1 person per 4 square metres capped at 100 people, including the celebrant;
- Masks are compulsory in all indoor non-residential settings, including workplaces and places of worship;
- Singing by audiences and choirs at indoor venues or by congregants at indoor places of worship is not allowed;
- All organisations must continue to use QR Codes or manual sign in registers, to enable fast contact tracing in the event of any community transmission;
- It is critical everyone continues to practise COVID-safe behaviours, always social distance, staying home if unwell and get tested if suffering from the mildest of symptoms.

Wear a face mask.
It's a condition
of entry.



PLANNED GIVING ENVELOPES

Planned Giving envelopes for the new financial year are now available. They are located in the church foyer for collection. For those of you who would still like to join the programme, it is not too late. Simply fill in a card in the church and return on the plate or drop it into the Cowra Presbytery. If you would like to give to our parish through your own online banking the parish bank details are –
Account name: St Raphael's Parish
BSB: 066 781 **Account:** 100 005 520
Reference: Your name



SAVE THE DATE! St Raphael's Catholic School Celebrates 150 Years - Weekend of 30th – 31st October

Saturday October 30 Reunion Dinner from 6pm, Cowra Show ground. Book your table for the night at Humanitix.com

Sunday October 31 Celebration Mass for the unveiling of Anniversary artwork and dedication

of primary school building. Mass will be at 9 am, followed by morning tea at St Raphael's Catholic School.

DIEP QUANG NGUYEN & THAO VAN NGUYEN TO BE ORDAINED

Bishop Michael McKenna has announced he will ordain, Diep Quang Nguyen and Thao Van Nguyen, during 6.00pm Mass in the Cathedral of St Michael and St John, Bathurst on Friday 9th July 2021.

PLEASE NOTE THAT DUE TO COVID-19 RESTRICTIONS PEOPLE FROM GREATER SYDNEY, BLUE MOUNTAINS, CENTRAL COAST AND WOLLONGONG WILL NOT BE ABLE TO ATTEND. PEOPLE FROM REGIONAL NSW, INCLUDING THE DIOCESE OF BATHURST, WHO HAVE VISITED THESE PLACES SHOULD ALSO NOT ATTEND. AS A RESULT OF THESE RESTRICTIONS, IF THERE ARE MORE THAN 162 PEOPLE ATTENDING THE MASS, THE OVERFLOW WILL BE ASKED TO VIEW THE ORDINATION IN THE CATHEDRAL PARISH CENTRE AND WATCH THE ORDINATION VIA LIVE-STREAM.

NAIDOC Week 4th – 11th July

As Catholics we realise the importance of being good stewards in caring for the beautiful world



HEAL COUNTRY
4-11 JULY 2021

that God has created. As good stewards we cannot ignore the damage that has been done to our environment. As Catholics, we can set an example for the rest of Australia to follow by coming together as equals and friends in our Schools, Parishes and Organisations in the name of Jesus Christ and in the spirit of mutual respect and unity as one people.
*Most Rev. Columba Macbeth-Green OSPPE DD
Bishop Commission for Relations with Aboriginal and Torres Strait Islander Peoples*
This year's theme – **Heal Country, heal our nation** – calls for stronger measures to recognise, protect, and maintain all aspects of Aboriginal and Torres Strait Islander culture and heritage.

SUNDAY MASS MORNING TEA

Morning Tea after Mass on Sunday 4th July 2021 has been cancelled due to current Covid-19 Restrictions



We Welcome

Harry Ryan,
George Ryan,
Hadley Langlands
& Leo Beckett

into our community of faith as they are Baptised in Cowra this weekend

UPDATE: PASTORAL COUNCIL MEETING

The Pastoral Council meeting has been cancelled due to current Covid-19 Restrictions.

FAITH SERVICES

"BREAD COME DOWN FROM HEAVEN"

'To Deepen one's appreciation of the Eucharist as portrayed in the Gospel of St John 17th Sunday – 22nd Sunday of Ordinary Time Year B.



6 Sessions offered in:

Cowra: July 14, 21, 28 and August 4, 11, 18

Time: 10 am -11 am (After Wednesday morning Mass)

Location: St Raphael's Presbytery

Canowindra: July 15, 22, 29 and August 5, 12, 19

Time: 9:45 am – 10:45 am (After Thursday morning Mass)

Locations: St Edwards Parish Hall

This is an initiative of Bishop Michael McKenna and the Faith Formation Team

If this cannot be held due to covid restrictions, you will be informed.

Please contact the presbytery if you wish to join, email: office.cowra@cdob.org.au or PH: 0427421043

The Living Word

Fourteenth Sunday in Ordinary Time, Year B

4 July 2021

First Reading Ez 2:2-5

The people are rebellious; they shall know there will be a prophet in their midst.

The spirit came into me and made me stand up, and I heard the Lord speaking to me. He said, 'Son of man, I am sending you up to the Israelites, to the rebels who have turned against me. Till now they and their ancestors have been in revolt against me. The sons are defiant and obstinate; I am sending you to them, to say, "The Lord says this." Whether they listen or not, this set of rebels shall know there is a prophet among them.'

Responsorial Psalm

Ps 122. R. v.2

(R.) Our eyes are fixed on the Lord, pleading for his mercy.

1. To you have I lifted up my eyes, you who dwell in the heavens: my eyes, like the eyes of slaves on the hand of their lords. (R.)
2. Like the eyes of a servant on the hand of his mistress, so our eyes are on the Lord our God till he shows us his mercy. (R.)
3. Have mercy on us, Lord, have mercy.
We are filled with contempt. Indeed all too full is our soul with the scorn of the rich, with the proud man's disdain. (R.)

Second Reading 2 Cor 12:7-10

I will glory in my infirmities so that the power of Christ may dwell in me.

In view of the extraordinary nature of these revelations, to stop me from getting too proud I was given a thorn in the flesh, an angel of Satan to beat me and stop me from getting too proud! About this thing, I have pleaded with the Lord three times for it to leave me, but he has said, 'My grace is enough for you: my power is at its best in weakness.' So I shall be very happy to make my weaknesses my special

boast so that the power of Christ may stay over me, and that is why I am quite content with my weaknesses, and with insults, hardships, persecutions, and the agonies I go through for Christ's sake. For it is when I am weak that I am strong.

Gospel Acclamation See Lk 4:18

Alleluia, alleluia!

The Spirit of the Lord is upon me; he sent me to bring Good News to the poor.

Alleluia!

Gospel Mk 6:1-6

A prophet is despised only in his own country.

Jesus went to his home town and his disciples accompanied him. With the coming of the sabbath he began teaching in the synagogue and most of them were astonished when they heard him. They said, 'Where did the man get all this? What is this wisdom that has been granted him, and these miracles that are worked through him? This is the carpenter, surely, the son of Mary, the brother of James and Joset and Jude and Simon? His sisters, too, are they not here with us?' And they would not accept him. And Jesus said to them, 'A prophet is only despised in his own country among his own relations and in his own house'; and he could work no miracle there, though he cured a few sick people by laying his hands on them. He was amazed at their lack of faith.



Reflection by Dianne Bergant CSA

It is not easy to recognise a true prophet. Frequently those with prophetic insight are treated without honour. The people to whom Ezekiel was sent were hard of face, obstinate of heart, a rebellious house. The Galileans who heard Jesus' words were no better. They questioned his authenticity because they thought he was no better than they were and, therefore, he had no right to act superior. We so often resent people who can do what we cannot. This resentment can be magnified when the person is someone with whom we have grown up, a member of the family or of the community.

True believers recognise and admit their human frailty. They also know that genuine weakness does not impede the saving action of God. In fact, God seems to *prefer* to act where pride and self-satisfaction do not prevail, for such attitudes are obstacles to personal transformation. However, when we open ourselves in humility and honest piety, the power of God can flood our minds and our hearts and shine forth from us to all around. When this happens, there will be no doubt in any mind as to the origin of this wondrous reality. It will be very clear that though it comes *through* us, it comes *from* God. The receptivity of Paul in this matter is in sharp contrast to the rebellion of the people at the time of Ezekiel and the resistance of those who thought that they knew Jesus so well.

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